

Draw a Mind Map

This process is often called *brainstorming*, and it helps you explore your topic in a more creative way. Follow these steps:

- Write your topic in the centre circle.
- Write down what you already know (add circles).
- Write down what you would like to know (add circles).
- Do some research (add more circles).
- Work out which circles will become part of your essay and ultimately lead to a research question.
- Consider Ali's example (below) on Filipino Body Language: Emblematic Gestures.

